

GARDENERS

WANTED

NO EXPERIENCE NECESSARY

Community Garden
Benefits Include:

- ☺ Healthy food
- ☺ Fun, socialize
- ☺ Fresh air & exercise
- ☺ Gain skills
- ☺ Start young people on the path to healthy eating and an appreciation of where food comes from
- ☺ Budget wise

At The **REAL**
Community Garden
GROWING TOGETHER!

85 WILLIAM ST. W., SMITHS FALLS



We grew all
this food
ourselves
at the REAL
Community
Garden.


And then
we ate it!!



This is going
to be FUN!

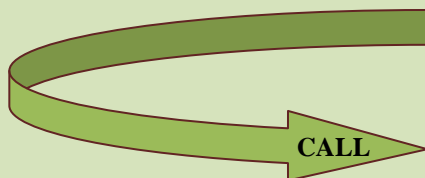
4 more
gardens are
being added
this Spring!

Anyone
can do it!



This is
going to
be FUN!

SPACE IS LIMITED



For more information or to reserve your garden space
Contact Mona Wynn @ 613-283-1952 Ext 136
or monaw@mdchc.on.ca
Smiths Falls Community Health Centre

